

## **Community Education**

## Background

The care received by a patient immediately after they are injured can impact their long-term recovery. CareFlight developed our community education program in 2011 to bring vital trauma care training to the people that need it most to help bridge the gap between first responders and a professional medical response.

CareFlight's trauma training courses build knowledge, skills and confidence that may significantly enhance the long-term outcome of trauma patients.

The trauma training courses are specifically designed to provide participants with the skills needed to treat the injured until ambulance personnel, doctors and other emergency services arrive.

These courses utilise skill stations, high-fidelity manikins and training aids to deliver realism in scenarios. All courses are delivered by experienced trauma care doctors, nurses and paramedics.



## Trauma Care Workshop (TCW)

CareFlight's Trauma Care Workshop (TCW) utilises a mix of theoretical and simulation- based trauma training.

The training includes trauma scenarios using simulation manikins, where Participants work together in teams with their colleagues and learn about trauma care skills and communication.

It covers the triage of patients, assessment and scene risk awareness. It also teaches the terminology and procedure for an efficient and effective hand-over to medical personnel when they arrive on scene.

The program includes utilising CareFlight's CrashSim, a mobile, simulation-based equipment that replicates a motor vehicle accident.

The participants can practice as often as they like to develop the skills needed to make appropriate decisions, communicate with others at the scene and take action that could ultimately save a life.

The workshop covers:

- Airway management procedures and skills
- Haemorrhage control skills
- Stabilisation and safe extraction of patients from a motor vehicle
- Motorbike helmet removal and when to remove
- Burns
- Patient assessment and triage
- Hand-over techniques to professional medical personnel